

# Prep Options – Trinity Term

## Monday

Option name	Description
Boarding House	Quiet play time for younger boarders (Year 3, Juniors and 3 <sup>rd</sup> Form).
Art Attack	Using a variety of materials such as pencils, crayons and charcoals to create pictures and collages.
Boys' Rugby	Rugby skills for 4 <sup>th</sup> Form boys with Mr Green.
Brownies and Guides	2nd Dunchurch (Bilton Grange) Brownies and Guides are part of the worldwide movement of Girlguiding. We wear Brownie and Guide uniform and meet on Mondays at school. We are a girls only group but we do adventurous things such as camp fires, hikes, archery and camping, just like they do in Scouting. We also do craft-based activities, games, cooking and generally have fun. In doing our activities we work towards the Girlguiding badges, and the girls have a big say in which badges they would like to work towards during the meeting time. Interest badges are done in their own time should they wish. To find out more about Girlguiding please visit their website <a href="https://www.girlguiding.org.uk">https://www.girlguiding.org.uk</a> . This is also where you can register your daughter/ward should she decide to join 2nd Dunchurch (Bilton Grange) Brownies/Guides. Brownies are aged 7 - 10; Guides 10 - 14. There is a termly charge of £45 which covers our census (insurance) to Girlguiding, badges and the cost of our meeting activities.

Chess	The Game of Kings! We will learn and practise the game of chess. There will be an opportunity to play Chess against other schools in friendly fixtures, too!
Cubs	For all those continuing and who wish to join Cubs (in Juniors and Middle School). Cost: £30 per term
Netball	Extra training for girls going on the Barbados trip.
Scouts	Scouts is the next stage on in the great adventure from Cub Scouts, developing teamwork, pioneering and outdoor skills each week as well as having camping and expedition opportunities here and abroad, earning badges and aiming for the Chief Scout's Gold Award. Potential new members who have not 'moved on' from our own Cub Pack must speak to the Group Scout Leader before they can join. There is a termly charge of £30 for this Option, part of which is spent on resources and part of which goes in subscriptions to the Scout Association. Cost: £30 per term
Swimprovers <i>for Beginner &amp; Intermediate Swimmers</i>	Our swim programme is designed for pupils to develop water confidence, safety skills, and key swimming skills such as; breathing, floatation, rotation, streamlining, kicks and pulls, as well as learning all the major swim strokes.  Unable to swim independently, Able to swim 5m front and 5m back, Able to swim 10m front and 10m back. Able to swim 20m front and 20m back.

## Tuesday

Boarding House	Quiet play time for younger boarders (Year 3, Juniors and 3rd Form)
BiG Ideas	Super fun, creative problem-solving to stretch your thinking!
Design Technology	Sessions open to all year groups. There will be a focus on developing design skills and using a range of equipment.
Dramarama (High-Fliers) <i>by invitation only</i>	An opportunity for Drama High-Fliers to explore their acting, improvisation and groupwork skills in the Ravenscroft.
Maths CE Clinic <i>by invitation only</i>	Extra support for those approaching Common Entrance examinations in Maths.
Film Appreciation	Watch and discuss a range of interesting films.
Sports High-Fliers	To prepare pupils that are applying for sports scholarships to senior schools.

Tae Kwon Do	Pupils will be taught the skills necessary to advance through the levels of this martial art under expert tuition. Sessions will take place in the squash courts. Contact Paul Fiddy for further information: <a href="mailto:targettaekwondo@yahoo.co.uk">targettaekwondo@yahoo.co.uk</a> Cost: £60 per term + uniform (available from Paul Fiddy on the email above).
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<h2>Thursday</h2>	
Boarding House	Quiet play time for younger boarders (Year 3, Juniors and 3rd Form).
Athletics	Extra Athletics training with Mr Hodge. For 4 <sup>th</sup> Form and up.
Badminton	Professional Badminton coaching from Matt Hanson. Cost: £40 per term
Ballet	Lessons are paid in advance for the term. Pupils are prepared for grade exams; please note that this can take a number of terms to reach the required standard and so commitment is vital. Please get in touch with Miss Campbell for more details: <a href="mailto:leighannecampbell@hotmail.com">leighannecampbell@hotmail.com</a> . Cost: £8 per session

Fencing	<p>The school club will focus on Epee, which is a thrusting weapon meaning points are scored with the tip of the weapon only. In Epee, the whole body is the target, so a great deal of thought and timing has to go into both attack and defence, with footwork being key. Robert Parsons is a qualified coach through British Fencing.</p> <p><b>Cost:</b> £60 per term  <b>5 – 6pm</b></p>
Middle School Production	Rehearsals for the Middle School play.
Music Makers	Develop musical skills independently and in a supportive group. This could be a useful opportunity for some more extended practice for more advanced pupils.
Science CE Clinic	A Science group specifically for Common Entrance preparation.
Scuba School	<p>Qualified PADI instructors visit Bilton Grange to teach proper diving skills in the BG pool. All equipment is provided for sessions.</p> <p><b>Cost:</b> £45 per session</p>
Tennis Time	A chance to play tennis and develop skills with Mr Jones and Mr Tamplin.

**Friday**

Boarding House	Quiet play time for younger boarders (Year 3, Juniors and 3rd Form).
Creative Stations	A chance for the children to explore their creativity in Art. They can use the time to develop personal/individual ideas (adopting a more independent and free approach) and/or work with greater guidance from staff if needed.
Cricket Nets <i>4<sup>th</sup> Form &amp; Upper School</i>	A chance for pupils to practise and refine cricket skills.
Design Technology	Sessions open to all year groups. There will be a focus on developing design skills and using a range of equipment.
Girls' Football	Develop football skills and play friendly games.
Golf: taking it to the course!	Play golf on BG's 9-hole course with expert tuition from Mr Nicholson. No charge.
Number Crunchers	Maths puzzles and games for the numerically-minded!
Swim Squad <i>for Advanced swimmers only</i>	Our swim programme is designed for pupils who are competent swimmers in all major swim strokes over a minimum of 50 metres. This Option is for swimmers to push their endurance and technique, with a view to competitive swimming.