

Prep Options – Advent Term 2023

Monday	
Boarding House	Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house. All year groups welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.
Swimprovers for <i>Beginner & Intermediate Swimmers</i> (KS)	Our swim programme is designed for pupils to develop water confidence, safety skills, and key swimming skills such as; breathing, floatation, rotation, streamlining, kicks and pulls, as well as learning all the major swim strokes. We will also work on physical fitness in the pool.
BG Adventurers (SDG, BDM & RB)	The BG Adventurers will be pioneering explorers, curious communicators, crafty makers, solution finders, world-aware nature lovers, caring, sharing collaborators, bold and brave risk-takers, tree climbers, fire-lighters, den builders and puzzle solvers. We have the freedom to design our own programme, to meet the needs and exceed the expectations of the children, using our amazing 90 acre site.
Bilton Showstoppers (KCT)	Upper School Show – Join us for this Charles Dickens’ classic as part of our BG 150 celebrations! Rehearsals for all the cast – this Option is compulsory for all pupils in 5th and 6th form who are performing in our drama production this year.

<p>Football (GEBJ & TWHL)</p>	<p>Skills, drills and fun football games will be on offer in this Option. Open to boys and girls, all standards welcome.</p>
<p>Girls' Touch Rugby (NAP)</p>	<p>A new activity for BG this year where girls can learn the game of touch rugby and associated skills. All standards welcome.</p>
<p>Fencing <i>New: 'Lights, buzzers, action!'</i> (RP)</p>	<p>This term we are proud to be able to introduce electric fencing to the BG options programme! 'Lights, buzzers, action!' With electric fencing, competitors are wired up to electric scoring equipment giving pupils a taste of the Olympic experience.</p> <p>This term we will also be following the British Fencing awards scheme. Level one is challenging but coach Robert thinks possible to complete in one term, adding a tangible element to improvement.</p> <p>All kit included, children just need to wear shorts, long socks covering the knee and a t-shirt.</p> <p>Robert Parsons is a qualified coach through British Fencing.</p> <p>Cost: £80 per term (5pm – 6.30pm)</p>
<p>Tae Kwon Do (PF)</p>	<p>Pupils will be taught the skills necessary to advance through the levels of this martial art under expert tuition.</p> <p>Contact Paul Fiddy for further information: targettaekwondo@yahoo.co.uk</p> <p>Cost: £60 per term + uniform (available from Paul Fiddy on the email above).</p>
<p>Choristers' Catch Up (CBB)</p>	<p>A supervised catch-up session for chorister pupils to complete outstanding work or prep.</p>

Tuesday

Boarding House	Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house. All year groups welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.
Brownies and Guides (PAH, NS, KMG)	2nd Dunchurch (Bilton Grange) Brownies and Guides are part of the worldwide movement of Girlguiding. We wear Brownie and Guide uniform and meet on Tuesdays at school. We are a girls only group but we do adventurous things such as campfires, hikes, archery and camping, just like they do in Scouting. We also do craft-based activities, games, cooking and generally have fun. In doing our activities we work towards the Girlguiding badges, and the girls have a big say in which badges they would like to work towards during the meeting time. Interest badges are completed in their own time should they wish. To find out more about Girlguiding please visit https://www.girlguiding.org.uk . This is also where you can register your daughter/ward should she decide to join 2nd Dunchurch (Bilton Grange) Brownies/Guides. Brownies are aged 7 - 10; Guides 10 - 14. There is a termly charge of £45 which covers our census (insurance) to Girlguiding, badges and the cost of our meeting activities.
Swim Squad <i>(advanced swimmers)</i> (MJE)	Our swim programme is designed for pupils who are competent swimmers in all major swim strokes over a minimum of 50 metres. This Option is for swimmers to push their endurance and technique, with a view to competitive swimming.
Eco Club (ESD/ALG)	Join the Eco Club Option to be part of an exciting journey towards a greener future! We will be doing lots of hands-on activities such as planting seeds, recycling and up-cycling, litter picking, going on nature walks and generally learning about and enjoying everything that the environment gives us.

<p>Sports High-Fliers <i>(by invitation only)</i> (JEA)</p>	<p>To prepare pupils that are applying for sports scholarships to senior schools. Invited pupils will prepare for a sports assessment at their chosen senior school.</p>
<p>The Bilton Union (CCL)</p>	<p>Through this exciting debating and critical thinking activity, students learn the art of persuasion and explore a range of themes that are relevant to the world we live in today.</p>
<p>Netball <i>(Upper School Only)</i> (MM)</p>	<p>Netball skills and game play, to prevent the rust settling in! Open to all pupils in the 5th and 6th Form who want to keep their netball skills up during the hockey term.</p>
<p>Board Game and Strategy Club (CMAL)</p>	<p>Pupils will be able to immerse themselves in challenging and exciting games where they can develop their problem solving and strategy skills.</p>
<p>Golf Coaching (External coaches)</p>	<p>BG Golf Club will be having professional support from KJ Golf Academy Ltd throughout this year. A full year of matches have been planned, and we will be using our brilliant facility whilst light allows, before moving to the Astro. All standards welcome – Juniors-6th Form. Cost: £55 per term for Professional PGA qualified coaches. We hope to include visits to the Junior Golf Academy in Market Harborough and use of their simulator.</p>
<p>Choristers' Catch Up (CJL)</p>	<p>A supervised catch-up session for pupils to complete outstanding work or prep.</p>

Thursday

Boarding House	Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house. All year groups now welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.
Badminton (MHa)	Professional Badminton coaching from Matt Hanson. Cost: £45 per term
Hockey (MGT & FCHB)	Hockey skills, drills and games on the Astro, for middle and upper school pupils. For players wanting to develop and improve their game.
Wide Games (DMS)	A variety of tried and tested, popular ball games, adapted to suit all abilities and ages. The focus is on fun and participation.
Music Makers (MSP)	A chance for Music High Fliers and other interested musicians to practise, compose, play together and develop musical skill. This could be a useful opportunity for some more extended practice for more advanced pupils.
Technical Theatre Crew (REB)	Learning backstage theatre skills - from lighting design and programming, to use of microphones and set design. Once proficient, and confident, pupils may then be able to support school rehearsals, shows and performances!

<p>Film Club (AJT)</p>	<p>A chance for pupils to watch and discuss a range of interesting films.</p>
<p>DT Club <i>(including high fliers)</i> (JDF)</p>	<p>For DT high fliers, this is a time to prepare and work on scholarship projects for senior schools. There will also be a limited number of spaces available for younger pupils wishing to focus on their developing design skills and use of a range of equipment.</p>
<p>Scuba School (FG)</p>	<p>Qualified PADI instructors visit Bilton Grange to teach proper diving skills in the BG pool. All equipment is provided for sessions. Cost: £47.50 per session (5.45pm-7pm)</p>
<p>Ballet (LC)</p>	<p>Pupils are prepared for grade exams; please note that this can take a number of terms to reach the required standard and so commitment is vital. Lessons are paid in advance for the term directly to Miss Leigh-Anne. Group 1: 5.25-6.05pm, Group 2: 6.05pm-6.45pm. Please get in touch for more details: leighannecampbell@hotmail.com. Cost: £8 per session</p>

Friday

Boarding House	Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house. All year groups welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.
Creation Stations (DAG)	Children will have the opportunity to explore their creativity in the visual arts. As well as drawing and painting, they will be able to use various other media to experiment in two and three dimensions. Pupils can take direction from staff, or use their imaginations to develop their own ideas. The possibilities are endless!
BG Bat and Bowl <i>Cricket Skills</i> (MCL)	A chance to improve on ball and cricket skills for junior and middle school pupils. Cricket is not just for the summer! Build on batting and bowling skills this Autumn at BG Bat and Bowl! All skill levels welcome.
Musical Theatre (JASP)	This Option is for those who have a passion for singing, dancing and performing on stage! It involves learning a range of songs from a variety of different shows and films complete with choreography. Providing an opportunity to expand singing and drama skills with maximum enjoyment.
Chess (SdB)	The Game of Kings! Open to all year groups, the chess club is an opportunity to play competitive games, tackle chess puzzles and learn various openings. Ideally, those choosing this option should know how to play, although beginners are very welcome.

<p>Coding Club <i>(including high fliers)</i> 4th-6th Form (REM)</p>	<p>A space for high fliers and potential computing scholars to explore further into the world of Computer Science and to work on independent projects. There will also be a limited number of spaces available for other pupils, with a passion for computing, to learn more about coding, engineering and game design. Advanced Computing Skills Required for this Option.</p>
<p>Ultimate Frisbee (POSD)</p>	<p>A new and exciting Option at BG providing the opportunity to play the game of Ultimate Frisbee. This is a fast and energetic game. All ages and abilities welcome.</p>
<p>VR/NVR <i>(Upper School Only)</i> (GADG)</p>	<p>This option is aimed at new pupils in the Upper School who have not previously had the opportunity to familiarise themselves with the types of questions that often come up in VR and NVR tests. It will be particularly helpful for new EAL students in the 5th or 6th Form and they are encouraged to sign up. This option will only be available in this Advent Term.</p>