

# Prep Options – Trinity Term 2024

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| <b>Monday</b>   |  |
| <b>Boarding House</b>   | Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house. All year groups welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.   |
| <b>BG Adventurers</b><br>(SDG, DMS & RB)                          | The BG Adventurers are explorers, curious communicators, crafty makers, solution finders, world-aware nature lovers, caring, sharing collaborators, bold and brave risk-takers, tree climbers, fire-lighters, den builders and puzzle solvers. We have the freedom to design our own programme, to meet the needs and exceed the expectations of the children, using our amazing 90 acre site. |
| <b>Art Attack</b><br>(CBB)  | Using a variety of tools such as charcoals, pencils, chinks, crayons, pastels and pens to create individual artistic pieces.   |
| <b>Senior Tennis League</b><br><i>confident players</i><br>(TWHL) | A chance to play regular tennis in a doubles league. Develop your ball skills and work on strokes, volleys and serves. Open to boys and girls in 4th-6th Form, but pupils must be at a suitable level to join in fully with games and matches.   |
| <b>Athletics Club</b><br>(GEBJ, JLJ, SRBB)                        | An Athletics training session to practice your track and field skills and work on your speed, stamina, jumps and throws. Practice makes perfect! Open to boys and girls of all ages and abilities.   |

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| <p><b>Music Makers</b><br/>(MSP)</p>                                       | <p>A chance for Music High Fliers and other interested musicians to practise, compose, play together and develop musical skill. This could be a useful opportunity for some more extended practice for more advanced pupils.</p>  |
| <p><b>Sports High-Fliers</b><br/><i>(by invitation only)</i><br/>(JEA)</p> | <p>To prepare pupils that are applying for sports scholarships to senior schools. Invited pupils will prepare for a sports assessment at their chosen senior school.</p>  |
| <p><b>Drama High-Fliers</b><br/><i>(by invitation only)</i><br/>(KCT)</p>  | <p>An opportunity for Drama High-Fliers to explore their acting, improvisation and groupwork skills in the Ravenscroft. A highly practical course that will help students to develop and craft their audition skills ready for a drama scholarship audition or other drama/acting auditions they have in the future.</p>                |
| <p><b>Tae Kwon Do</b><br/>(PF)</p>   | <p>Pupils will be taught the skills necessary to advance through the levels of this martial art under expert tuition.<br/>Contact Paul Fiddy for further information: <a href="mailto:targettaekwondo@yahoo.co.uk">targettaekwondo@yahoo.co.uk</a><br/>Cost: £60 per term + uniform (available from Paul Fiddy on the email above).</p> |
| <p><b>Choristers' Catch Up</b><br/>(CBB)</p>                               | <p>A supervised catch-up session for chorister pupils to complete outstanding work or prep.</p>   |

## Tuesday

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| <b>Boarding House</b>                                 | Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house.<br>All year groups welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.  |
| <b>Brownies and Guides</b><br>(PAH, NS, KMG)          | 2nd Dunchurch (Bilton Grange) Brownies and Guides are part of the worldwide movement of Girlguiding. We wear Brownie and Guide uniform and meet on Tuesdays at school. We are a girls only group but we do adventurous things such as campfires, hikes, archery and camping, just like they do in Scouting. We also do craft-based activities, games, cooking and generally have fun. In doing our activities we work towards the Girlguiding badges, and the girls have a big say in which badges they would like to work towards during the meeting time. Interest badges are completed in their own time should they wish. To find out more about Girlguiding please visit <a href="https://www.girlguiding.org.uk">https://www.girlguiding.org.uk</a> . This is also where you can register your daughter/ward should she decide to join 2nd Dunchurch (Bilton Grange) Brownies/Guides. Brownies are aged 7 - 10; Guides 10 - 14. There is a termly charge of £45 which covers our census (insurance) to Girlguiding, badges and the cost of our meeting activities. |
| <b>Water Polo</b><br><i>(strong swimmers)</i><br>(KS) | The first thing to know is that some sports claim to be the 'sport of kings', water polo officially has the royal seal of approval! This sport combines speed and strength, as well as teamwork and a high level of fitness. Pupils need to be strong and confident swimmers as there is no standing or resting during the game, players must tread water the whole time. Come along and give it a try!  |
| <b>Wild Garden Adventures</b><br>(ALG)                | A chance to run around and play in our wonderful woodland – both in the Wild Gardens and out in the Spinney. Climb trees, build bonfires, play games such as hide and seek, kick the can and lots more!  |

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| <p><b>Ready for Rugby</b><br/>(NAP)</p>                                 | <p>General rugby skills and fitness work, in preparation for next season, alongside some High Intensity Training. An opportunity for 6th Form to enhance their skills before they move on to Senior Schools, and for 5th Form to start getting ready for their final season of Rugby at BG.</p>  |
| <p><b>Netball Club</b><br/>(MM)</p>                                     | <p>Netball skills and game play, to prevent the rust settling in! Open to all pupils in the 5th and 6th Form who want to improve or develop their netball skills. <b>Compulsory extra training for all girls going on the Barbados trip.</b></p>   |
| <p><b>Art High Fliers</b><br/><i>(by invitation only)</i><br/>(DAG)</p> | <p>To prepare pupils that are applying for art scholarships to senior schools. These sessions are to help enrich, support and develop skills, whilst allowing pupils undertake various projects in order to build up their portfolios of work.</p>   |
| <p><b>Golf Coaching</b><br/>(External coaches)</p>                      | <p>BG Golf Club will be having professional support from KJ Golf Academy Ltd throughout this year. A full year of matches have been planned, and we will be using our brilliant facility whilst light allows, before moving to the Astro. All standards welcome – Juniors-6th Form.<br/>Cost: £8 per session for Professional PGA qualified coaches. We hope to include visits to the Junior Golf Academy in Market Harborough and use of their simulator.</p> |
| <p><b>Choristers' Catch Up</b><br/>(CJL)</p>                            | <p>A supervised catch-up session for pupils to complete outstanding work or prep.</p>  |

# Thursday

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| <b>Boarding House</b>  | Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house.<br>All year groups now welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week. |
| <b>Upper School Cricket Nets</b><br>(MCL & FCHB)             | Outdoor cricket nets session for 5th and 6th Form. Suitable for <b>boys and girls</b> of all levels who are wanting to practice and improve ready for Cricket matches this season.  |
| <b>Middle School Hockey Club</b><br>(MGT)                    | Hockey skills, drills and games on the Astro, for middle school pupils. For players wanting to keep up their skills whilst developing and improving their game.   |
| <b>Tennis Club</b><br><i>for developing players</i><br>(AJT) | A chance to play tennis, develop ball skills and work on strokes, volleys and serves – open to boys and girls of all ages and abilities.  |
| <b>Board Game and Strategy Club</b><br>(CMAL)                | Pupils will be able to immerse themselves in challenging and exciting games where they can develop their problem solving and strategy skills.   |

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| <p><b>Build and Paint: Lego and Warhammer Club</b><br/>(JDF)</p>             | <p>In this club students will build on creativity, problem-solving, critical thinking skills and cooperation whilst building models and completing design challenges. Bring your own Lego and Warhammer sets along and enjoy painting and building them with your friends!</p>  |
| <p><b>Fencing:</b><br/><i><b>'Lights, buzzers, action!'</b></i><br/>(RP)</p> | <p>We have recently introduced electric fencing to the BG options programme! 'Lights, buzzers, action!' With electric fencing, competitors are wired up to electric scoring equipment giving pupils a taste of the Olympic experience.</p> <p>This term we will also be following the British Fencing awards scheme. Level one is challenging but coach Robert thinks possible to complete in one term, adding a tangible element to improvement.</p> <p>All kit included, children just need to wear shorts, long socks covering the knee and a t-shirt.</p> <p>Robert Parsons is a qualified coach through British Fencing.</p> <p><b>Cost:</b> £80 per term<br/><b>(5.15pm – 6.45pm)</b></p> |
| <p><b>Ballet</b><br/>(LAC)</p>   | <p>Pupils are prepared for grade exams; please note that this can take a number of terms to reach the required standard and so commitment is vital. Lessons are paid in advance for the term directly to Miss Leigh-Anne. Group 1: 5.25-6.05pm, Group 2: 6.05pm-6.45pm. Please get in touch for more details: leighannecampbell@hotmail.com.</p> <p>Cost: £8 per session</p>  |
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# Friday

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| <b>Boarding House</b>   | Full and Weekly Boarders Only → Time to chill, play, read or relax in the boarding house.<br>All year groups welcome to choose this, but 4th, 5th and 6th Form boarders should participate in at least three activity Options a week.   |
| <b>Creation Stations</b><br>(DAG)   | Children will have the opportunity to explore their creativity in the visual arts. As well as drawing and painting, they will be able to use various other media to experiment in two and three dimensions. Pupils can take direction from staff, or use their imaginations to develop their own ideas. The possibilities are endless!  |
| <b>Chess</b><br>(SdB)   | The Game of Kings! Open to all year groups, the chess club is an opportunity to play competitive games, tackle chess puzzles and learn various openings. Ideally, those choosing this option should know how to play, although beginners are very welcome.  |
| <b>Coding Club</b><br><i>(including high fliers)</i><br>4th-6th Form<br>(REM) | A space for high fliers and potential computing scholars to explore further into the world of Computer Science and to work on independent projects.<br>There will also be a limited number of spaces available for other pupils, with a passion for computing, to learn more about coding, engineering and game design.<br><b>Advanced Computing Skills Required for this Option.</b> |
| <b>Musical Theatre</b><br>(KRO)   | This Option is for those who have a passion for singing, dancing and performing on stage! It involves learning a range of songs from a variety of different shows and films complete with choreography. Providing an opportunity to expand singing and <b>drama</b> skills with maximum enjoyment.  |

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| <p><b>Beekeeping</b><br/>(POSD)</p>  | <p>Looking after the bees within the school grounds, maintaining bee hives and processing honey. Places are limited to just a small group of pupils, but we rotate the pupils doing this each term. This Lent term, sessions will mainly be indoors preparing hives and resources for the Summer term.</p>   |
| <p><b>European Handball</b><br/><i>3rd-6th Form</i><br/>(LAH)</p>                    | <p>Handball is an inclusive sport that will engage all age groups – a team game with simple rules. Combining speed, strength, stamina, agility, technical precision, skill and teamwork, handball has become one of the fastest-paced and exciting Olympic sports.</p>   |
| <p><b>Maximus Ludos &amp; BG6</b><br/><b>Agent Training</b><br/>(GADG &amp; HLB)</p> | <p>In the great outdoors of BG, we will play a variety of strategy team games such as 'Escape the Man', 'Capture the Flag' or 'Diffuse the Bomb'. Sometimes, training will involve more logical challenges. The option is open to 4th - 6th Form and for those who want to apply to be part of BG6, Collaboration, Communication, Resilience and Versatility are essential dispositions - selection to become a qualified BG6 agent will be rigorous! Mr DG (aka agent D).</p> |